

# MIDDLE SCHOOL BLOCK SCHEDULE BOARD OF EDUCATION UPDATE MARCH 14, 2023

FAIRFIELD PUBLIC SCHOOLS



**ROGER LUDLOWE MIDDLE**



**TOMLINSON MIDDLE**



**FAIRFIELD WOODS MIDDLE**

## GUIDING PRINCIPLES

- Increase overall instructional time
- Increase access to interventions for all students
- Is supported by cognitive neuroscience, cognitive load theory, and best practice
- Improve the pace of the day
- Provide longer instructional periods
- Contain opportunities for collaboration
- Provide flexibility for adjustments to meet students' needs



# SCHEDULE FRAMEWORK

- Homeroom is 10 minutes
- Each block is 57 minutes
- Schedule runs on a 5 day framework. The schedule will run Monday-Friday with 3 days of one period dropped and 2 days of two periods dropped
- Days of the week are locked (e.g. Monday schedule always the same)
- Snow days will not change the schedule outside of extreme circumstances



# SCHEDULE REVISION BENEFITS

Framework Overview	Revision Benefits
Homeroom is 10 minutes	Maintains a check-in point for all students
Each block is 57 minutes	Maintains longer instructional blocks
Schedule runs on a 5 day (Mon - Fri) framework 3 days drop one period, 2 days drop two periods	Increase frequency of class meetings
Days of the week are locked (e.g. Monday schedule always the same)	Consistent and predictable
Reallocated student FLEX time	Maintains benefits of current FLEX time while maximizing student support and extension opportunities
Snow days will not change the schedule outside of extreme circumstances	Uses the regular FPS school-year calendar and does not require a “rotation” calendar

# INSTRUCTIONAL TIME COMPARISON – MINUTES

	Current Block	Revised Block Schedule
Number of instructional minutes/five days (Core,WLang, Reading and 5-day UAs)	232	228
Number of instructional minutes/year (Core,WLang, Reading and 5 day UA's)	8450	8299
PE minutes per 5 day	93	86
PE instructional minutes per year	3380	3112
Music minutes per 5 day	139	143
Music instructional minutes per year	5070	5187
Student support FLEX time per week	125	164
Student support FLEX time per year	4550	5969
Time spent in transitions per day	20 minutes	18 minutes

# INSTRUCTIONAL TIME COMPARISON – FREQUENCY

	Current Block	Revised Block Schedule
Meeting Frequency per 5 Days (Core, WL, Reading, 5-Day UA's)	3.57	4
Meeting Frequency Core, etc PER YEAR	130	145.6
Meeting Frequency per 5 days PE	1.4	1.5
Meeting Frequency PE PER YEAR	52	55
Meeting Frequency per 5 days Music	2.1	2.5
Meeting Frequency Music PER YEAR	78.3	91

# FLEX TIME SAMPLE ACTIVITIES

- Math Resource Interventions (MRT)
- Language Arts Specialists Interventions (LAS)
- Scientifically Research Based Interventions (SRBI Team)
- Social Emotional Learning Lessons
- Developmental Counseling Lessons
- Counseling Groups/Individual Counseling
- Student Success Planning
- Organization/Executive Functioning Groups/Individual work
- Check-ins with Team/Crew/Community teachers
- Make-up Assessments
- Gifted & Talented Services
- Learning Center
- Related Services
- ALEKS / STAR / IXL / Khan Academy / EdPuzzles
- Independent Reading
- Movement Opportunities
- Access to Library Media Center
- Music Lessons
- Club Meetings
- Special Assemblies



## FLEX TIME SCENARIOS

		Student A	Student B	Student C	Student D	Student E	Student F	Student G
<b>FLEX 1</b>	First Half	Small group organizational/ Study skills intervention	Counseling group	Counseling group	SEL lesson	Make up music lesson	Independent math practice	Independent “passion” work
	Second Half	Small group math intervention	Learning center	SEL lesson	Make up test	Ask teacher for HW help	Writing conference	Independent reading
<b>FLEX 2</b>	First Half	Small group reading	SEL lesson	Small group executive functioning intervention	Independent math practice	Make up music lesson	SEL lesson	Math extension online
	Second Half	SEL lesson	Small group organizational/ Study skills intervention	Independent reading	See teacher for extra help	SEL lesson	Club meeting	SEL lesson





# SAMPLE STUDENT SCHEDULES



# SAMPLE STUDENT SCHEDULE - GRADE 6

Monday (Drop 1)	Tuesday (Drop 2 and 3)	Wednesday (Drop 4)	Thursday (Drop 5)	Friday (Drop 6 and 7)
Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20
Period 2 8:23 - 9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20
Period 3 9:23 - 10:20	Period 4 9:23-10:20	Period 2 9:23 - 10:20	Period 2 9:23 - 10:20	Period 2 9:23 - 10:20
<b>Lunch</b> <b>10:20-10:50</b>	<b>Lunch</b> <b>10:20-10:50</b>	<b>Lunch</b> <b>10:20-10:50</b>	<b>Lunch</b> <b>10:20-10:50</b>	<b>Lunch</b> <b>10:20-10:50</b>
Period 4 10:53-11:50	Period 5 10:53-11:50	Period 3 10:53-11:50	Period 3 10:53-11:50	Period 3 10:53-11:50
Period 5 11:53-12:50	<b>FLEX</b> 11:53-12:50	Period 5 11:53-12:50	Period 4 11:53-12:50	Period 4 11:53-12:50
Period 6 12:53-1:50	Period 6 12:53-1:50	Period 6 12:53-1:50	Period 6 12:53-1:50	<b>FLEX</b> 12:53-1:50
Period 7 1:53 - 2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 5 1:53-2:50

# SAMPLE STUDENT SCHEDULE - GRADE 7

Monday (Drop 1)	Tuesday (Drop 2 and 3)	Wednesday (Drop 4)	Thursday (Drop 5)	Friday (Drop 6 and 7)
Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20
Period 2 8:23 - 9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20
Period 3 9:23 - 10:20	Period 4 9:23-10:20	Period 2 9:23 - 10:20	Period 2 9:23 - 10:20	<b>FLEX</b> 9:23 - 10:20
Period 4 10:23-11:20	Period 5 10:23-11:20	Period 3 10:23-11:20	Period 3 10:23-11:20	Period 2 10:23-11:20
<b>Lunch</b> <b>11:20-11:50</b>	<b>Lunch</b> <b>11:20-11:50</b>	<b>Lunch</b> <b>11:20-11:50</b>	<b>Lunch</b> <b>11:20-11:50</b>	<b>Lunch</b> <b>11:20-11:50</b>
Period 5 11:53-12:50	Period 6 11:53-12:50	Period 5 11:53-12:50	Period 4 11:53-12:50	Period 3 11:53-12:50
Period 6 12:53-1:50	<b>FLEX</b> 12:53-1:50	Period 6 12:53-1:50	Period 6 12:53-1:50	Period 4 12:53-1:50
Period 7 1:53 - 2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 5 1:53-2:50

# SAMPLE STUDENT SCHEDULE - GRADE 8

Monday (Drop 1)	Tuesday (Drop 2 and 3)	Wednesday (Drop 4)	Thursday (Drop 5)	Friday (Drop 6 and 7)
Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20	Homeroom 8:10 - 8:20
Period 2 8:23 - 9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20	Period 1 8:23-9:20
Period 3 9:23 - 10:20	<b>FLEX</b> 9:23-10:20	Period 2 9:23 - 10:20	Period 2 9:23 - 10:20	Period 2 9:23 - 10:20
Period 4 10:23-11:20	Period 4 10:23-11:20	Period 3 10:23-11:20	Period 3 10:23-11:20	Period 3 10:23-11:20
Period 5 11:23-12:20	Period 5 11:23-12:20	Period 5 11:23-12:20	Period 4 11:23-12:20	<b>FLEX</b> 11:23-12:20
<b>Lunch</b> <b>12:20-12:50</b>	<b>Lunch</b> <b>12:20-12:50</b>	<b>Lunch</b> <b>12:20-12:50</b>	<b>Lunch</b> <b>12:20-12:50</b>	<b>Lunch</b> <b>12:20-12:50</b>
Period 6 12:53-1:50	Period 6 12:53-1:50	Period 6 12:53-1:50	Period 6 12:53-1:50	Period 4 12:53-1:50
Period 7 1:53 - 2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 7 1:53-2:50	Period 5 1:53-2:50



# SPECIAL EDUCATION AND RELATED SERVICES



## SPECIAL EDUCATION AND RELATED SERVICES

- Students will continue to receive all of their special education and related services in the new schedule as documented in the IEP
- Students will continue to receive the appropriate amount of service time based off the recommendations of their PPT
- No changes to accommodations or goals/objectives
- Amendments may be needed to accurately adjust service time related to change in block time
- Parents are always welcome to call a PPT if they have concerns about potential adjustments
- No changes to an IEP can be made without parental consent or a PPT





Questions?



# Sample Schedule 10 Days 6th Grade

	A	B	C	D	E		F	G	H	I	J
	Drop 1	Drop 2&3	Drop 4	Drop 5	Drop 6&7		Drop 1	Drop 2&3	Drop 4	Drop 5	Drop 6&7
6TH											
HR											
	LA	MATH	MATH	MATH	MATH		LA	MATH	MATH	MATH	MATH
	SCI	SS	LA	LA	LA		SCI	SS	LA	LA	LA
Lunch											
	SS	PE	SCI	SCI	SCI		SS	BAND	SCI	SCI	SCI
	BAND	FLEX	PE	SS	SS		BAND	FLEX	PE	SS	SS
	UA	UA	UA	UA	FLEX		UA	UA	UA	UA	FLEX
	WL	WL	WL	WL	BAND		WL	WL	WL	WL	BAND



# Sample Schedule 10 Days 7th Grade

7TH											
HR											
	LA	WL	WL	WL	WL		LA	WL	WL	WL	WL
	UA	BAND	LA	LA	FLEX		UA	BAND	LA	LA	FLEX
	BAND	MATH	UA	UA	LA		BAND	MATH	UA	UA	LA
Lunch											
	MATH	SCI	MATH	BAND	UA		MATH	SCI	MATH	PE	UA
	SCI	FLEX	SCI	SCI	PE		SCI	FLEX	SCI	SCI	PE
	SS	SS	SS	SS	MATH		SS	SS	SS	SS	MATH